

Course  
Catalog

2019 - 2020

# “Prevention of Violence and Child Abuse”

Erasmus+ KA1 Course

**Erasmuslearn Training Center**

[www.erasmuslearn.eu](http://www.erasmuslearn.eu)

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## Summary

Schools are in a unique position to identify violent behaviour among students early and to implement prevention strategies that affect the entire community. Teachers are in an interesting and often time sticky position when it comes to school violence. The position that they are in puts them at risk for much of the same abuse as children in our schools but it also has them in the role of protector for a good part of each day. While school violence is everyone's problem, teachers are in a valuable position when it comes to spotting signs of a problem long before it escalates. They are also relied on by parents to help get through to the children when they're at a loss and feel as if they've tried everything else. As an adult with the potential to gain a child's trust, a teacher can be there for a child who may not feel like he or she can turn to anyone else. With the tools provided on this seminar educators will be ready to deal with them and do their part in combating school violence from the unique and powerful position that they are in.

## Objectives

There are some things that a teacher can do to help combat school violence. While no one can control how things are going to go, they can help make some changes that might stop even one violent attack in a school. The focus of the course will be primary prevention with concrete information how to recognize the warning signs that could indicate a problem they can possibly do something to help before the problem escalates. Educators will get familiar with different types of violence and child abuse and will learn how to respond to these situations in a developmentally appropriate way to children.

Strengthening young people's abilities to effectively solve difficulties that arise and their opportunities to participate in prosocial activities can significantly reduce the risk for violence. School-based violence prevention programs have been proven to reduce rates of aggression and violent behavior among students.

## Agenda

### Day 1

- ✓ Introductory meeting, explanation of practical arrangements, presentation of timetable, information about course venue.
- ✓ Icebreakers, Introduction to the Course
- ✓ Discussion about the problem of violence and child abuse
- ✓ Recognize the 4 types of violence (bullying, sexual abuse, domestic violence and child neglect)

### Day 2

- ✓ Work in pairs and small groups for further understanding
- ✓ Learn how to offer help to victims and how to respond as professionals

**Day 3**

- ✓ Improve students' social skills and problem-solving abilities
- ✓ Learn how to help students know how to appropriately and safely intervene to stop an escalating violent episode between peers.
- ✓ Helping teachers build healthy relationships, model nonviolent attitudes and behaviors, and contribute to a broader positive school climate, which in turn lowers the risk for school violence
- ✓ Encourage educators to use effective ways to manage a classroom, resolve conflicts nonviolently, promote positive relationships between students with diverse backgrounds, and create positive student-teacher relationships so that students feel comfortable talking with teachers about violence-related issues.

**Day 4**

- ✓ Practicing communication skills among teachers and towards students
- ✓ Role- play workshops in communication
- ✓ Strengthen teachers' Supports: Any seasoned teacher can always offer a hand of support to the children in time of need.
- ✓ Teacher are known to be temporal parents and so expected to as well give them parental support and affections.

**Day 5**

- ✓ Create a safe, supportive school climate
- ✓ Professionals practice how to encourage students to take responsibility for their part in maintaining safe school environments
- ✓ Focus on taking care of themselves first- protective factors
- ✓ Feedback to the trainer about the effectiveness of the Course

**Day 6**

- ✓ Study Visit

**Day 7**

- ✓ Erasmus+ programme : objectives, priorities, actions, forms, budget, tips for applicants
- ✓ Planning follow up activities, dissemination and exploitation of learning outcomes
- ✓ Course Evaluation
- ✓ Certifications

**Methods**

Lectures, exercises, discussions, teamwork, role-playing, study visits

**Target groups**

Teachers working in kindergartens, primary schools, lower secondary schools.